

# UPSTREAM PRE-INTERMEDIATE VOCABULARY LIST

## MODULE 2

### Self-Assessment Module 1

SA

(pp. 26–27)

- SA1.1 **bless you!** = (przy kichaniu) na zdrowie!  
SA1.2 **moped** /məʊpəd/ (n) = motorower  
SA1.3 **lose nerve** = stracić zimną krew  
*e.g. Although she had studied hard, when she saw the exam paper she suddenly lost her nerve and left the examination room.*

- SA1.4 **digital picture** /dɪdʒɪtəl ˈpɪktʃə/ (n) = zdjęcie cyfrowe  
SA1.5 **front-view** /frʌntˈvjuː/ (n) = widok z przodu  
SA1.6 **side-view** /saɪdˈvjuː/ (n) = widok z boku  
SA1.7 **habit** /hæbɪt/ (n) = zwyczaj  
*e.g. Some people have the habit of biting their nails when they are nervous.*  
SA1.8 **routine** /ruːˈtiːn/ (n) = ustalony porządek, rutyna

### Curricular Cuts 1: History

CCs

(p. 28)

- CCs.1.1 **portrait** /pɔːtrət/ (n) = portret  
*e.g. The artist drew a portrait of her that hangs on her bedroom wall.*  
CCs.1.2 **innocent** /ɪnəsənt/ (adj) = niewinny  
CCs.1.3 **demanding** /dɪˈmɑːndɪŋ/ (adj) = wymagający  
*e.g. Our teacher is demanding and insists that we always do our homework.*  
Opp.: undemanding  
CCs.1.4 **ambitious** /æmˈbɪʃəs/ (adj) = ambitny  
CCs.1.5 **armada** /ɑːˈmɑːdə/ (n) = armada

- CCs.1.6 **image** /ɪmɪdʒ/ (n) = wyobrażenie  
CCs.1.7 **subject** /sʌbdʒɪkt/ (n) = poddany  
CCs.1.8 **coronation** /ˌkɒrəˈneɪʃən/ (n) = koronacja  
CCs.1.9 **wealth** /weɪlθ/ (n) = bogactwo  
*e.g. He has so much wealth that he can't spend all of his money, no matter how hard he tries!*  
CCs.1.10 **crown** /kraʊn/ (n) = korona  
*e.g. The crown on the King's head was made of diamonds and gold.*  
CCs.1.11 **orb** /ɔːb/ (n) = jabłko (w ręku króla lub królowej)  
CCs.1.12 **sceptre** /septə/ (n) = berło  
*e.g. A sceptre is a symbol of power for a King.*

CCs.1.13 authority /ɔːθərɪti/ (n) = władza

CCs.1.14 victory /vɪktəri/ (n) = zwycięstwo

e.g. *It was a great victory for the national team, and fans celebrated throughout the night.*

CCs.1.15 globe /gləʊb/ (n) = globus

CCs.1.16 global /gləʊbəl/ (adj) = globalny, ogólnoświatowy  
e.g. *Environmental pollution is a global problem.*

CCs.1.17 encyclopaedia /ɪnˌsaɪkləˈpiːdiə/ (n) = encyklopedia

## Module

## 2

## The Blue Planet

(p. 29)

M2.1 environmental /ɪnˌvaɪərənˈmentəl/ (adj) =  
środowiskowy, ekologiczny

M2.2 poster /ˈpɒstə/ (n) = plakat  
e.g. *She has a poster of George Michael on her bedroom wall.*

M2.3 weather forecast /weðə ˈfɔːkɑːst/ (n) = prognoza  
pogody

e.g. *Have you listened to the weather forecast? They said it's going to rain at the weekend.*

## 3

## Earth Calling

3a – (pp. 30–31)

3a.1 earth calling = wołanie ziemi

3a.2 factory /ˈfæktəri/ (n) = fabryka  
e.g. *He works in a factory that produces dolls.*

3a.3 homeless /ˈhəʊmles/ (adj) = bezdomny

3a.4 recycling center /riːˈsaɪklɪŋ ˈsentə/ (n) = punkt skupu  
surowców wtórnych

3a.5 stray /streɪ/ (adj) = (o psach, kotach) bezpański,  
bezdomny  
e.g. *The mayor of the city promised to build a shelter for stray dogs.*

3a.6 bottle bank /ˈbɒtəl bæŋk/ (n) = pojemnik na szkło

3a.7 clean-up campaign /kliːnʌp kæmˈpeɪn/ (n) =  
kampania na rzecz czystości w mieście  
e.g. *We've decided to participate in our town's annual clean-up campaign in order to remove all the litter from the streets.*

3a.8 bin /bɪn/ (n) = pojemnik na śmieci

3a.9 wildlife park /ˈwaɪldlaɪf pɑːk/ (n) = rezerwat przyrody

3a.10 root /ruːt/ (n) = korzeń

3a.11 shoot /ʃuːt/ (n) = kielik, pęd

3a.12 environmentalist /ɪnˌvaɪərənˈmentəlɪst/ (n) = ekolog,  
działacz na rzecz ochrony środowiska  
e.g. *Environmentalists were angry when they heard about the accidental oil spill in the Caspian Sea.*

3a.13 humanitarian /ˌhjuːmæniˈteəriən/ (n) = humanitarysta,  
filantrop

3a.14 biologist /baɪˈɒlədʒɪst/ (n) = biolog

3a.15 found /faʊnd/ (v) = ufundować, założyć (np. szkołę,  
szpital)  
Der.: founder (n)

3a.16 join /dʒɔɪn/ (v) = przyłączyć się do (np. organizacji)  
e.g. *Against her parents' wishes, she joined a radical political group.*

3a.17 plant /plɑːnt/ (n) = roślina

3a.18 grow /grəʊ/ (v) = rosnąć

3a.19 underground /ˌʌndəˈgraʊnd/ (adv) = pod ziemią

3a.20 come up /ˈkʌm ˈʌp/ (phr v) = (o roślinach) kielkować,  
wschodzić

3a.21 survive /səˈvaɪv/ (v) = przetrwać, przeżyć  
e.g. *Plants need a lot of water to survive in the summer.*  
Der.: survivor (n)

3a.22 fragile /ˈfrædʒaɪl/ (adj) = słaby, wąty

*e.g. I thought the flowers in my garden were too fragile to survive the storm, but they did after all.*

- 3a.23 **break open** = rozłamać, przelamać  
 3a.24 **brick wall** /'brɪk wɔ:l/ (n) = ściana z cegły  
 3a.25 **strength** /streŋθ/ (n) = siła, moc  
*e.g. It is believed that Hercules had the strength of a hundred men.*  
 Opp.: weakness  
 3a.26 **amazing** /ə'meɪzɪŋ/ (adj) = niezwykły, zdumiewający  
*e.g. The kids watched the magician perform amazing tricks, such as making objects disappear.*  
 3a.27 **inspire** /n'spaɪə/ (v) = zainspirować, pobudzić (do zrobienia czegoś)  
*e.g. After watching the movie, she was inspired to become a famous actress.*  
 Der.: inspiration (n)  
 3a.28 **belief** /bɪ'li:f/ (n) = przekonanie  
 3a.29 **make a difference** = zmienić (coś)  
 3a.30 **form** /fɔ:m/ (v) = utworzyć, powołać  
 Der.: formation (n)  
 3a.31 **natural habitat** /,nætʃərəl 'hæbɪtæt/ (n) = siedlisko  
 3a.32 **worldwide** /,wɜ:ld'waɪd/ (adv) = na całym świecie  
 3a.33 **preschool** /,pri:'sku:l/ (n) = przedszkole  
 3a.34 **participate** /pɑ:'tɪsɪpeɪt/ (v) = to take part (in) / wziąć udział w  
*e.g. Many countries participated in this year's Eurovision contest.*  
 Der.: participant (n)  
 3a.35 **adult** /ædʌlt/ (n) = osoba dorosła, dorosły  
 3a.36 **group leader** /,gru:p 'li:də/ (n) = przywódca/ lider grupy  
 3a.37 **living proof** (idm) = żywy dowód (na coś)  
 3a.38 **project** /'prɒdʒekt/ (n) = projekt, plan  
 3a.39 **rubbish** /rʌbɪʃ/ (n) = śmieci  
*e.g. There is a huge pile of rubbish on our street that is starting to attract mice.*  
 3a.40 **fill out** /fɪl 'aʊt/ (phr v) = [American English] wypełnić (np. formularz)  
 [British English: fill in]  
 3a.41 **registration form** /,redʒɪ'streɪʃən fɔ:m/ (n) = formularz zgłoszenia  
*e.g. If you wish to apply for this job, please fill out this registration form.*  
 3a.42 **annual** /æ'njuəl/ (adj) = roczny, coroczny  
 3a.43 **membership** /membəʃɪp/ (n) = członkostwo  
 3a.44 **amount** /ə'maʊnt/ (n) = ilość, suma  
*e.g. The amount of money my father had spent on rare stamps made my mother furious.*  
 3a.45 **renew** /rɪ'nju:z/ (v) = odnowić  
 Der.: renewal (n)

### 3b – Vocabulary Practice (pp. 32–33)

- 3b.1 **issue** /'ɪʃu/ (n) = a subject / kwestia, sprawa  
 3b.2 **prevent** /prɪ'vent/ (v) = zapobiec  
*e.g. To prevent injury, you should wear a helmet when riding a bicycle.*  
 Der.: preventive (adj)  
 3b.3 **rubbish tip** /rʌbɪʃ 'tɪp/ (n) = wysypisko śmieci  
 3b.4 **extinction** /ɪk'stɪŋkʃən/ (n) = wymarcie, wytepienie  
 3b.5 **deforestation** /,di:fɒr'steɪʃən/ (n) = wylesienie  
 3b.6 **endangered species** /n'deɪndʒəd ,spi:ʃɪz/ (n) = gatunek/gatunki zagrożony/e wymarciem  
*e.g. Are elephants an endangered species, or are there plenty of them around?*  
 3b.7 **hunt** /hʌnt/ (v) = polować  
 Der.: hunter (n)  
 3b.8 **adopt** /ə'dɒpt/ (v) = tu: zaadoptować zwierzę  
 3b.9 **preservation** /,prezə'veɪʃən/ (n) = ochrona  
*e.g. The preservation of the environment is necessary for the survival of our planet.*  
 Opp.: destruction  
 3b.10 **sensibly** /sensɪbəl/ (adv) = uważnie, rozsądnie  
 3b.11 **waste** /weɪst/ (v) = marnować  
*e.g. Don't waste food by throwing it away; don't you know that millions of people are starving around the world?*  
 3b.12 **petrol** /petrəl/ (n) = benzyna  
 3b.13 **wrap** /ræp/ (v) = zapakować  
*e.g. Could you please wrap this for me? It's a Christmas present.*  
 Opp.: unwrap  
 3b.14 **product** /'prɒdʌkt/ (n) = produkt  
 3b.15 **sum up** /sʌm 'ʌp/ (phr v) = podsumować  
 3b.16 **in brief** = w skrócie  
 3b.17 **in conclusion** = na zakończenie, na koniec  
*e.g. In conclusion, we can all help to save our planet from global warming.*  
 3b.18 **mammal** /'mæmə/ (n) = ssak  
 3b.19 **reptile** /reptal/ (n) = gad  
 3b.20 **cobra** /'kəʊbrə/ (n) = kobra  
*e.g. A cobra is a very dangerous reptile.*  
 3b.21 **hen** /hen/ (n) = kura  
 3b.22 **giraffe** /dʒɪ'rɑ:f/ (n) = żyrafa  
 3b.23 **polar bear** /'pəʊlə beə/ (n) = niedźwiedź polarny  
 3b.24 **deer** /diə/ (n) = jeleń, sarna  
 3b.25 **whale** /weɪl/ (n) = wieloryb  
 3b.26 **goat** /gəʊt/ (n) = koza  
 3b.27 **python** /paɪθən/ (n) = pyton  
 3b.28 **leopard** /lepəd/ (n) = pantera, leopard  
 3b.29 **peacock** /'pi:kɒk/ (n) = paw

- 3b.30 orangutan /ɔːræŋɡʊˈtæn/ (n) = orangutan
- 3b.31 domestic /dəˈmestɪk/ (adj) = (o zwierzęciu) domowy  
Opp.: wild
- 3b.32 explore /ɪkˈsplɔːr/ (v) = badać, zwiedzać  
e.g. *When we were kids, we used to explore caves in this area.*  
Der: explorer (n)
- 3b.33 bottom /ˈbɒtəm/ (n) = dno (np. morza)
- 3b.34 ocean /əʊjən/ (n) = ocean  
e.g. *There are seashells and starfish at the bottom of the ocean.*
- 3b.35 indoor /ˌɪnˈdɔːr/ (adj) = tu: ogrodzony  
Opp.: outdoor
- 3b.36 rainforest /ˈreɪnfɔːrɪst/ (n) = las deszczowy
- 3b.37 cross /krɒs/ (v) = przekroczyć  
e.g. *In order to get to the other side, we have to cross this bridge.*
- 3b.38 rope bridge /ˈrəʊp brɪdʒ/ (n) = most sznurowy
- 3b.39 cave /keɪv/ (n) = jaskinia
- 3b.40 admire /ədˈmaɪə/ (v) = podziwiać  
e.g. *I admire people who successfully climb high mountains like Mount Everest.*  
Der: admirer (n), admiration (n)  
Opp.: disapprove
- 3b.41 waterfall /ˈwɔːtəfɔːl/ (n) = wodospad
- 3b.42 species /ˈspiːʃiːz/ (n) = gatunek
- 3b.43 aquarium /əkˈwɛəriəm/ (n) = akwarium  
e.g. *There is a 10 \$ fee to enter the Three Islands Aquarium and admire the variety of sealife.*
- 3b.44 slide off /slaɪd ˈɒf/ (phr v) = zjeżdżać (np. po śliskiej powierzchni)
- 3b.45 ice cliff /aɪs klɪf/ (n) = klif lodowy
- 3b.46 tunnel /ˈtʌnəl/ (n) = tunel  
e.g. *The prisoners have spent weeks digging a tunnel that will allow them to escape.*
- 3b.47 tank /tæŋk/ (n) = akwarium; basen, zbiornik
- 3b.48 except /ɪkˈsept/ (prep) = z wyjątkiem, poza  
e.g. *Except for Karen who is ill, everyone is coming to the party.*
- 3b.49 recommendation /ˌrekəmenˈdeɪʃən/ (n) = rekomendacja, polecenie
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- 3c – Grammar in use (pp. 34–35)
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- 3c.1 directory /daɪˈrektəri/ (n) = książka telefoniczna
- 3c.2 average /ˈævərɪdʒ/ (n) = przeciętny
- 3c.3 bald eagle /bɔːld ˈiːɡəl/ (n) = bielik amerykański
- 3c.4 access /ˈækses/ (n) = dostęp  
e.g. *In order to have access to the computer, you must type in the password.*
- 3c.5 ozone layer /əʊzəʊn leɪər/ (n) = warstwa ozonowa
- 3c.6 heal /hiːl/ (v) = goić się  
e.g. *Her cut healed quickly because she followed her doctor's instructions.*
- 3c.7 take part = wziąć udział  
e.g. *I refuse to take part in fox hunting because I believe killing animals for pleasure is wrong.*
- 3c.8 event /ɪˈvent/ (n) = wydarzenie
- 3c.9 equipment /ɪˈkwɪpmənt/ (n) = sprzęt
- 3c.10 hand out /hænd ˈaʊt/ (phr v) = to distribute / rozdawać (np. ulotki)
- 3c.11 leaflet /ˈliːflət/ (n) = ulotka
- 3c.12 member /ˈmɛmbər/ (n) = członek (organizacji)  
e.g. *Help save our planet by becoming a member of an environmental group.*
- 3c.13 look after /lʊk ˈɑːftər/ (phr v) = zaopiekować się  
e.g. *Could you look after my baby while I take this phone call?*
- 3c.14 thrilled /θrɪld/ (adj) = excited / podekscytowany
- 3c.15 covered (in) /ˈkʌvəd/ (v) = pokryty (np. błotem)
- 3c.16 vet /vet/ (n) = weterynarz
- 3c.17 vaccination /ˌvæksɪˈneɪʃən/ (n) = szczepienie
- 3c.18 government /ˈɡʌvənmənt/ (n) = rząd
- 3c.19 pass laws = przyjąć ustawę/przepisy  
e.g. *The government passed laws that people found unacceptable.*
- 3c.20 fine /faɪn/ (n) = kara pieniężna, grzywna
- 3c.21 voluntary /ˈvɒlɒntrɪ/ (adj) = ochotniczy  
e.g. *I work here on a voluntary basis; I don't get paid.*
- 3c.22 campaign /kæmˈpeɪn/ (n) = kampania
- 3c.23 raise money = zbierać pieniądze (na określony cel)
- 3c.24 zookeeper /ˈzuːkiːpər/ (n) = dozorca w zoo
- Phrasal verbs**

3c.25 run over /rʌn ˈəʊvər/ = potrącić, przejechać

3c.26 run away /rʌn əˈweɪ/ = to escape / uciec

3c.27 run out of /rʌn ˈaʊt əv/ = skończyć się  
e.g. *We ran out of petrol on the way to the lake.*

3c.28 run into /rʌn ˈɪntə/ = wpaść (na kogoś)

3c.29 run on /rʌn ˈɒn/ = jeździć na (benzynie)
- 3c.30 unleaded petrol /ʌnˈliːdɪd ˈpetrəl/ (n) = benzyna bezołowiowa
- 3c.31 similar /ˈsɪmɪlər/ (adj) = podobny  
e.g. *Don't you think our dogs are similar? They both have short legs and long ears.*
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- 3d – Listening & Speaking skills (pp. 36–37)
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- 3d.1 medical attention /ˌmedɪkəl əˈtenʃən/ (n) = opieka lekarska

- e.g. Our cat needed medical attention after its tail was run over by a car.*
- 3d.2 scheme /skɪm/ (n) = plan, program
- 3d.3 fee /fi/ (n) = opłata
- 3d.4 certificate /sə'tɪfɪkət/ (n) = certyfikat
- 3d.5 seal /si:l/ (n) = foka
- 3d.6 be in favour of/against sth = być za czymś/przeciwko czemuś  
*e.g. I am in favour of banning smoking in public places, but against criticising people who do it.*
- 3d.7 illegal /ɪ'li:gəl/ (adj) = nielegalny
- 3d.8 import /ɪm'pɔ:t/ (n) = towar importowany
- 3d.9 ivory /aɪ'vɔ:ri/ (n) = kość słoniowa
- 3d.10 in possession of = w posiadaniu (czegoś)
- 3d.11 prohibited /prə'hɪbɪtɪd/ (adj) = zabroniony, zakazany
- 3d.12 imprisonment /ɪm'prɪzən'men't/ (n) = uwięzienie, kara więzienia
- 3d.13 alert /ə'lɜ:t/ (n) = alarm, stan pogotowia
- 3d.14 declare /dɪ'kleə/ (v) = zgłosić do ocenia  
*e.g. At the airport, I was asked by the baggage inspector if I had anything to declare.*
- 3d.15 chess set /tʃes set/ (n) = szachy
- 3d.16 snakeskin /sneɪkskɪn/ (adj) = z wężowej skóry
- 3d.17 oil slick /oɪ sɪk/ (n) = plama ropy naftowej (na wodzie, na drodze)

## 3e – Writing (p. 38)

- 3e.1 ASAP: abbreviation for *as soon as possible* = możliwie jak najszybciej  
*e.g. Please call Mr Higgins ASAP because something urgent has come up.*
- 3e.2 etc.: abbreviation for *and so on* = itd., itp.
- 3e.3 PTO: abbreviation for *please turn over* = verte
- 3e.4 PS: abbreviation for *postscript* = PS
- 3e.5 rubric /'ru:bɪk/ (n) = objaśnienie (np. do ćwiczenia), instrukcja  
*e.g. Before you do the exercise, make sure you read the rubric above it very carefully.*

## Culture Clip 3 (p. 39)

- CC3.1 carry out /kæri 'aʊt/ (phr v) = przeprowadzić (np. eksperyment, badania)
- CC3.2 experiment /ɪk'sperɪmənt/ (n) = eksperyment  
*e.g. The mad scientist was arrested for carrying out illegal experiments.*

- CC3.3 iceberg /'aɪsbɜ:ɡ/ (n) = góra lodowa
- CC3.4 Christmas carols /ˌkrɪsməs 'kærəlz/ (n pl) = kolędy
- CC3.5 scientific /ˌsaɪən'tɪfɪk/ (adj) = naukowy  
*e.g. Scientific research helped people understand the benefits of eating vegetables.*
- CC3.6 expedition /ˌɛkspɪ'dɪjən/ (n) = ekspedycja, wyprawa
- CC3.7 the Antarctic /ˌænt'ɑ:ktɪk/ (n) = Antarktyda
- CC3.8 freezing /'fri:zɪŋ/ (adj) = mroźny, lodowaty  
*e.g. It was a freezing Saturday night so we stayed home.*
- CC3.9 task /tɑ:sk/ (n) = zadanie
- CC3.10 feeding behaviour /ˌfi:dɪŋ bi'hævɪə/ (n) = obyczaje pokarmowe
- CC3.11 colony /'kɒləni/ (n) = kolonia
- CC3.12 capture /'kæptʃə/ (v) = schwycić  
*e.g. The escaped prisoner was captured near the river and taken back to prison.*  
 Der.: captivity (n)  
 Opp.: release
- CC3.13 electronic /ˌɪlek'trɒnɪk/ (adj) = elektroniczny
- CC3.14 tag /tæg/ (n) = tu: identyfikator (dla zwierząt)
- CC3.15 clap /klæp/ (v) = klaskać
- CC3.16 flipper /'flɪpə/ (n) = płetwa
- CC3.17 calf /kɑ:f/ (n) = tu: młode wieloryba
- CC3.18 touching /'tʌtʃɪŋ/ (adj) = wzruszający  
*e.g. The end of the film was so touching that half the audience began to cry.*
- CC3.19 crew /kru:/ (n) = załoga  
*e.g. Most of the crew were watching a football match when the ship started to sink.*
- CC3.20 exchange /ɪks'tʃeɪndʒ/ (v) = wymienić się (np. prezentami)
- CC3.21 food supply /fu:d səplai/ (n) = zapasy pożywienia
- CC3.22 research station /rɪ'sɜ:tʃ steɪʃən/ (n) = stacja badawcza
- CC3.23 delay /dɪ'leɪ/ (v) = opóźnić  
*e.g. All the trains were delayed due to mechanical failure.*
- CC3.24 deck /dek/ (n) = pokład
- CC3.25 stick /stɪk/ (v) = to put in / włożyć
- CC3.26 bucket /'bʌkɪt/ (n) = wiadro  
*e.g. The fisherman put the fish he caught into a bucket full of ice to keep them fresh.*
- CC3.27 base /beɪs/ (n) = baza, centrala
- CC3.28 albatross /'ælbətros/ (n) = albatros
- CC3.29 chick /tʃɪk/ (n) = piskle

## 4a – (pp. 40–41)

- 4a.1 **travellers' tales** /trævələz teɪz/ (n pl) = opowieści z podróży
- 4a.2 **package holiday** /pækɪdʒ hɒlɪdeɪ/ (n) = wakacje zorganizowane  
e.g. *Package holidays give travellers the opportunity to spend less money on air fare and hotel rooms.*
- 4a.3 **sailing** /ˈseɪlɪŋ/ (n) = żeglowanie
- 4a.4 **exotic** /ɪɡˈzɒtɪk/ (adj) = egzotyczny  
e.g. *It is considered to be an exotic island because it has beautiful beaches and unusual wildlife.*
- 4a.5 **look for** /lʊk fɔː/ (phr v) = szukać  
e.g. *I'm looking for my fountain pen; have you seen it anywhere?*
- 4a.6 **unforgettable** /ˌʌnfəˈɡetəbəl/ (adj) = niezapomniany  
e.g. *We had an unforgettable experience; it was the best holiday we've ever had!*
- 4a.7 **celebrate** /ˈselɪbreɪt/ (v) = świętować, obchodzić  
Der.: **celebration** (n)
- 4a.8 **ancient** /ˈeɪnʃənt/ (adj) = starożytny
- 4a.9 **abroad** /əˈbrɔːd/ (adv) = za granicą  
e.g. *Travelling abroad allows you to see how people from other countries live.*
- 4a.10 **terrified (of)** /ˈterfaɪd/ (adj) = afraid / przerażony  
e.g. *When she saw the huge spider, she was terrified and let out a loud scream.*
- 4a.11 **action-packed** /ˈækʃnˌpækt/ (adj) = pełen wrażeń
- 4a.12 **active** /ˈæktɪv/ (adj) = aktywny  
e.g. *If you're an active person who needs some form of exercise, why not use the hotel gym facilities?*
- 4a.13 **the outdoors** /ˈaʊtdɔːz/ (n pl) = otwarta przestrzeń
- 4a.14 **location** /ləʊˈkeɪʃn/ (n) = miejsce; plener
- 4a.15 **glamorous** /ˈglæməərəs/ (adj) = efektowny, pełen przepychu
- 4a.16 **chance** /tʃɑːns/ (n) = okazja, sposobność  
e.g. *The trip gave me the chance to speak English.*
- 4a.17 **architecture** /ˈɑːkɪtektʃə/ (n) = architektura
- 4a.18 **experience** /ɪkˈspɪəriəns/ (v) = doświadczyć (czegoś), przeżyć (coś ekscytującego)
- 4a.19 **luxurious** /lʌɡˈzʊəriəs/ (adj) = luksusowy, komfortowy  
e.g. *This luxurious hotel room has expensive furniture and floors made of the finest marble.*
- 4a.20 **local cuisine** /ləʊkəl ˈkwɪziːn/ (n) = lokalna/miejscowa kuchnia
- 4a.21 **beachfront** /ˈbiːtʃfrʌnt/ (adj) = znajdujący się nad brzegiem morza
- 4a.22 **guided tour** /ˈɡaɪdɪd ˈtʊə/ (n) = zwiedzanie z przewodnikiem
- 4a.23 **stunning** /ˈstʌnɪŋ/ (adj) = oszłamiający, zapierający dech w piersiach  
e.g. *She wore a stunning dress at her birthday party.*
- 4a.24 **white-water rafting** /ˈwaɪtwɔːtə ˈrɑːftɪŋ/ (n) = spływ tratwą górskimi rzekami, rafting
- 4a.25 **rare** /rəə/ (adj) = rzadki  
e.g. *It is such a rare flower that only a few hundred of them are known to exist.*  
Opp.: **common**
- 4a.26 **length** /leŋθ/ (n) = długość
- 4a.27 **ideal** /aɪˈdɪəl/ (adj) = perfect/ idealny  
e.g. *An ideal holiday would be on a tropical island, with good company and perfect weather.*
- 4a.28 **getaway** /ˈɡetəweɪ/ (n) = krótki urlop; miejsce wyjazdu wakacyjnego
- 4a.29 **sightseeing** /ˈsaɪtsiːɪŋ/ (n) = zwiedzanie
- 4a.30 **professionally** /prəˈfeɪʃənəli/ (adv) = profesjonalnie  
Opp.: **unprofessionally**
- 4a.31 **miss the chance** = stracić okazję, szansę
- 4a.32 **landmark** /ˈlændmɑːk/ (n) = charakterystyczny obiekt (np. w mieście)
- 4a.33 **all inclusive** /ɔːl ɪnˈkluːsɪv/ (adj) = zawierający wszystkie (dodatkowe) opłaty
- 4a.34 **Mediterranean** /ˌmedɪtəˈreɪniən/ (adj) = śródziemnomorski
- 4a.35 **break** /breɪk/ (n) = przerwa (wakacyjna)  
e.g. *After working hard at the office for five months, she finally decided to have a weekend break in the Alps.*
- 4a.36 **watersports facilities** /ˈwɔːtəspɔːts feɪsɪlɪtiz/ (n pl) = możliwość uprawiania sportów wodnych
- 4a.37 **nightlife** /ˈnaɪtlaɪf/ (n) = nocne życie  
e.g. *This small town has no nightlife at all; bars and restaurants close at 10 pm.*
- 4a.38 **incl:** abbreviation for *including* = zawierający, łącznie z
- 4a.39 **adventure** /ədˈventʃə/ (n) = przygoda  
e.g. *We had quite an adventure while exploring a mountain – we came across a cave with a family of bears in it!*
- 4a.40 **trek** /trek/ (v) = wędrowka, wyprawa
- 4a.41 **thrill** /θrɪl/ (n) = emocjonujące przeżycie
- 4a.42 **excitement** /ɪkˈsaɪtmənt/ (n) = podniecające doświadczenie
- 4a.43 **definitely** /ˈdefɪntli/ (adv) = certainly / z pewnością, na pewno

- e.g. You definitely have an appointment with your dentist at 4:00 pm today; his secretary called to remind you of it.*
- 4a.44 dramatic /drə'mætɪk/ (adj) = (o widoku, pejzażu) pełen dramatyzmu, spektakularny
- 4a.45 setting /'setɪŋ/ (n) = sceneria, położenie
- 4a.46 accommodation /ə,kəmə'deɪʃən/ (n) = zakwaterowanie  
*e.g. They ended up sleeping on the beach because they could not find any accommodation on the busy island.*
- 4a.47 bird-watching /'bɜːd.wɒtʃɪŋ/ (n) = obserwowanie ptaków
- 4a.48 enthusiast /ɪn'tjuːzɪəst/ (n) = entuzjasta, miłośnik
- 4a.49 early riser /,ɜːli 'raɪzə/ (n) = ranny ptaszek
- 4a.50 catch a glimpse (of) = ujrzeć (kogoś/coś)  
*e.g. I'm so lucky! I managed to catch a glimpse of the Queen as she rode in her coach.*
- 4a.51 unusual /ʌn'juːʒuəl/ (adj) = niezwykły, niespotykany  
Opp.: usual, ordinary
- 4a.52 fabulous /'fæbjʊləs/ (adj) = wonderful / rewelacyjny, fantastyczny
- 4a.53 spectacular /spek'tækjʊlə/ (adj) = spektakularny, dramatyczny  
*e.g. The waterfall was so spectacular that all the tourists took pictures of it.*
- 4a.54 traditional /trə'dɪʃənəl/ (adj) = tradycyjny  
Opp.: modern
- 4a.55 culture /'kʌltʃə/ (n) = kultura
- 4a.56 incredible /ɪn'kredɪbəl/ (adj) = unbelievable / niewiarygodny, niesamowity
- 4a.57 sunset /'sʌnset/ (n) = zachód słońca  
*e.g. Most people enjoy watching the sunset, but I find it incredibly sad because it marks the end of the day.*
- 4a.58 in style = in luxury / luksusowo
- 4a.59 aboard /ə'bɔːd/ (prep) = na pokładzie
- 4a.60 once-in-a-lifetime trip = podróż życia
- 4b.11 insect repellent /ɪnsekt rɪ'pelənt/ (n) = środek odstraszający owady
- 4b.12 nailfile /'neɪlfaɪl/ (n) = pilnik do paznokci
- 4b.13 hand luggage /'hænd lʌgɪdʒ/ (n) = bagaż podręczny
- 4b.14 breakable /'breɪkəbəl/ (adj) = fragile / kruchy, łatwo tłukący się
- 4b.15 mild /maɪld/ (adj) = (o pogodzie, porze roku) łagodny, umiarkowany  
*e.g. The weather is always mild here; it never gets too hot or too cold.*
- 4b.16 windy /'wɪndi/ (adj) = wietrzny
- 4b.17 foggy /'fɒgi/ (adj) = mglisty
- 4b.18 lorry /'lɒri/ (n) = ciężarówka
- 4b.19 coach /kəʊtʃ/ (n) = autokar
- 4b.20 fascinated /'fæsɪneɪtɪd/ (adj) = zafascynowany  
*e.g. He is fascinated by wild animals and has hundreds of books and documentaries on the subject.*
- 4b.21 fascinating /'fæsɪneɪtɪŋ/ (adj) = fascynujący
- 4b.22 thrilling /'θrɪlɪŋ/ (adj) = exciting / pasjonujący, porwijający
- 4b.23 disappointing /,dɪsə'pɔɪntɪŋ/ (adj) = nie spełniający oczekiwań  
*e.g. It was a disappointing movie because the ending left everyone confused.*
- 4b.24 fed up /'fed 'ʌp/ (adj) = mieć dość (kogoś/czegoś)  
*e.g. Her parents got fed up with her constant complaining and told her to go to her room.*
- 4b.25 exhausted /ɪg'zɔːstɪd/ (adj) = wyczerpany
- 4b.26 pleased /'pleɪzd/ (adj) = zadowolony  
Opp.: displeased
- 4b.27 overcharge /,əʊvə'tʃɑːdʒ/ (v) = policzyć (komuś) za dużo  
*e.g. The storeowner overcharged us, but I was too embarrassed to say anything and gave him the extra money he wanted.*
- 4b.28 running water /'rʌnɪŋ 'wɔːtə/ (n) = bieżąca woda
- 4b.29 missing /'mɪsɪŋ/ (adj) = lost / zaginiony, zgubiony  
Opp.: found

## 4b – Vocabulary Practice (pp. 42–43)

- 4b.1 toothpaste /'tuːθpeɪst/ (n) = pasta do zębów
- 4b.2 compass /'kʌmpəs/ (n) = kompas
- 4b.3 sunscreen /'sʌnskriːn/ (n) = filtr przeciwsłoneczny
- 4b.4 torch /tɔːtʃ/ (n) = latarka
- 4b.5 penknife /'penaɪf/ (n) = szczyryk
- 4b.6 first-aid kit /'fɜːstəɪd 'kɪt/ (n) = apteczka pierwszej pomocy
- 4b.7 hiking boots /'haɪkɪŋ 'buːts/ (n pl) = buty turystyczne
- 4b.8 binoculars /bɪ'nɒkjʊləz/ (n pl) = lornetka
- 4b.9 underwear /'ʌndəweə/ (n) = bielizna
- 4b.10 necessity /nɪ'sesɪtɪ/ (n) = artykuł pierwszej potrzeby

## 4c – Grammar in use (pp. 44–45)

- 4c.1 reach /ri:tʃ/ (v) = to arrive at/ dotrzeć, przybyć
- 4c.2 check in /'tʃek 'ɪn/ (phr v) = zameldować się (w hotelu)  
*e.g. When we checked in at the hotel, the hotel manager gave us a notebook to sign our names.*
- 4c.3 straight /streɪt/ (adv) = directly / prosto  
*e.g. She came back from work at 11 p.m. and went straight to the bedroom to get some sleep before the next hardworking day.*
- 4c.4 midnight /'mɪdnɑːt/ (n) = północ
- 4c.5 wardrobe /'wɔːdrəʊb/ (n) = szafa

- 4c.6 suddenly /sʌdʰənlɪ/ (adv) = unexpectedly / nagle  
 4c.7 unlock /ʌn'lɒk/ (v) = otworzyć (kluczem)  
 Opp.: lock  
 4c.8 realise /rɪəlaɪz/ (v) = to understand / zdać sobie sprawę, uświadomić sobie  
 e.g. Do you realise that we are looking at a monument that is 5,000 years old?  
 4c.9 slip /slɪp/ (v) = poślizgnąć się  
 Der.: slippery (adj)  
 4c.10 factual /fæktʃuəl/ (adj) = real / prawdziwy, oparty na faktach  
 4c.11 sandcastle /sændkɑːsl/ (n) = zamek z piasku  
 4c.12 hike /haɪk/ (v) = to walk / wędrować  
 e.g. If you want to go hiking with us, you'll need to have comfortable shoes and bring plenty of water.  
 4c.13 border /bɔːdə/ (v) = graniczyć (z)  
 4c.14 lie /laɪ/ (v) = leżeć, być położonym  
 4c.15 official /ə'fɪʃl/ (adj) = oficjalny, urzędowy  
 Opp.: unofficial  
 4c.16 independent /ɪndɪ'pendənt/ (adj) = niepodległy  
 4c.17 shape /ʃeɪp/ (v) = być w kształcie czegoś  
 4c.18 triangle /traɪæŋɡl/ (n) = trójkąt  
 4c.19 wide /waɪd/ (adj) = szeroki  
 4c.20 fortune /fɔːtʃʊn/ (n) = fortuna, mnóstwo pieniędzy

## Phrasal verbs

- 4c.21 come round /kʌm 'raʊnd/ = wpaść (z krótką wizytą)  
 4c.22 come up (with) /kʌm 'ʌp wɪð/ = wymyślić (np. plan)  
 4c.23 come out /kʌm 'aʊt/ = (o książce) ukazać się  
 4c.24 come into /kʌm 'ɪntə/ = odziedziczyć  
 4c.25 come across /kʌm ə'krɒs/ = natrafić na (coś)

## 4d – Listening &amp; Speaking skills (pp. 46–47)

- 4d.1 receptionist /rɪ'sepʃənɪst/ (n) = recepcjonista  
 4d.2 booking /bʊkɪŋ/ (n) = rezerwacja  
 4d.3 absolutely /æbsə'ljuːtli/ (adv) = kompletnie, zupełnie  
 4d.4 reservation /,rezə'veɪʃən/ (v) = a booking / rezerwacja  
 e.g. To dine at our exclusive restaurant, you need to make a reservation a month in advance.  
 4d.5 double room /dʌbəl 'ru:m/ (n) = pokój dwuosobowy (w hotelu)  
 4d.6 reserve /rɪ'zɜːv/ (v) = zarezerwować  
 4d.7 demand /dɪ'mænd/ (v) = to ask strongly / żądać  
 e.g. We demand a different hotel room because we have asked for a room with a view of the sea.  
 4d.8 complain /kəm'pleɪn/ (v) = złożyć skargę  
 Der.: complaint (n)  
 4d.9 apologise (for) /ə'pɒlədʒaɪz/ (v) = przeprosić (za)

- 4d.10 engaged /ɪn'geɪdʒd/ (adj) = zaręczony  
 4d.11 holiday rep (representative) /hɒlɪdeɪ rep/ (n) = rezydent  
 4d.12 predict /prɪ'dɪkt/ (v) = to foresee / przewidzieć  
 e.g. He predicted that it would rain and, sure enough, there was a thunderstorm later that night.  
 Der.: prediction (n)  
 4d.13 meal /miːl/ (n) = posiłek  
 4d.14 packed lunch /pækt 'lʌntʃ/ (n) = drugie śniadanie lub suchy prowiant  
 4d.15 dish /dɪʃ/ (n) = danie, potrawa  
 4d.16 sunbed /sʌnbed/ (n) = a sun lounger / łóżko opalające (w solarium)  
 4d.17 snack /snæk/ (n) = przekąska  
 4d.18 day trip /deɪ 'trɪp/ (n) = jednodniowa wycieczka  
 4d.19 disapproval /dɪsə'pruːvəl/ (n) = dezaprobata  
 Opp.: approval  
 4d.20 tennis court /tenɪs kɔːt/ (n) = kort tenisowy  
 4d.21 laundry service /lɔːndri sɜːvɪs/ (n) = pralnia  
 e.g. I hope there is laundry service at this hotel because otherwise, how am I going to wash my clothes?  
 4d.22 indeed /ɪn'diːd/ (adv) = really / rzeczywiście  
 4d.23 How dare you? = Jak śmiesz?  
 4d.24 outrageous /aʊt'reɪdʒəs/ (adj) = oburzający  
 e.g. Your claim that I stole your wallet is outrageous! I did no such thing.

## 4e – Writing (p. 48)

- 4e.1 set off /set 'ɒf/ = wyruszyć, wybrać się  
 e.g. We must set off for the airport right away if we are to catch our flight in time.  
 4e.2 storm /stɔːm/ (n) = burza  
 4e.3 flash of lightning = błyskawica  
 4e.4 strike /straɪk/ (v) = (np. o piorunie) uderzyć (w coś)  
 4e.5 emergency service /ɪ'mɜːdʒənsɪ sɜːvɪs/ (n) = pomoc w nagłych wypadkach  
 4e.6 grab /græb/ (v) = to snatch / chwycić, złapać  
 4e.7 think twice = dobrze się zastanowić  
 e.g. You'd better think twice about leaving your job. What if you don't find anything better and end up jobless?  
 4e.8 tightly /taɪtli/ (adv) = mocno, szczelnie  
 4e.9 shut /ʃʌt/ (adj) = closed / zamknięty  
 4e.10 speed /spiːd/ (v) = pędzić, mknąć  
 4e.11 take off /teɪk 'ɒf/ (phr v) = (o samolocie) wystartować  
 e.g. The passengers were told to fasten their seatbelts before the plane took off.  
 Opp.: land  
 4e.12 sigh of relief = westchnienie ulgi



- 4e.13 sequence /sɪkwəns/ (n) = porządek, kolejność  
 4e.14 climax event /klaɪmæks 'i:vent/ (n) = wydarzenie  
 przełomowe, punkt kulminacyjny  
 4e.15 continent /kɒntɪnənt/ (n) = kontynent

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**Literature Corner 4 (p. 49)**


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- LC4.1 satirist /sæ'tɪrɪst/ (n) = satyryk  
 LC4.2 satire /sæ'taɪə/ (n) = satyra  
 LC4.3 tale /teɪl/ (n) = opowieść  
 LC4.4 masterpiece /mɑ:stə'pi:s/ (n) = arcydzieło  
*e.g. This book is a masterpiece – it's the best book I've ever read!*  
 LC4.5 make fun of = naśmiewać się z  
*e.g. Stop making fun of other people's clothes! It's not polite.*  
 LC4.6 politics /pə'lɪtɪks/ (n) = polityka  
 LC4.7 voyage /vɔɪdʒ/ (n) = podróż morska, rejs  
 LC4.8 shipwrecked /ʃɪ'prɛkt/ (adj) = (o rozbitku) wyrzucony na brzeg morza  
 LC4.9 throw into /θrəʊ 'ɪntə/ (phr v) = wrzucić (do)  
 LC4.10 dry land /draɪ 'lænd/ (n) = stały ląd  
 LC4.11 tiny /taɪni/ (adj) = mały  
*e.g. Although ants are tiny, they can carry things that weigh a lot more than them.*  
 Opp.: huge  
 LC4.12 seaman /si:mən/ (n) = marynarz, żeglarz  
 LC4.13 rock /rɒk/ (n) = skała  
 LC4.14 crew /kru:/ (n) = załoga  
 LC4.15 let down /let 'daʊn/ (phr v) = spuścić  
 LC4.16 overturn /'əʊvə'tɜ:n/ (v) = przewrócić się  
*e.g. We were all thrown into the sea when the boat overturned.*  
 LC4.17 north /nɔ:θ/ (n) = północ  
 LC4.18 escape /ɪ'skeɪp/ (v) = uciec  
*e.g. The only way to escape is to dig a tunnel under the locked door.*  
 LC4.19 drop /drɒp/ (v) = tu: opuszczać  
 LC4.20 struggle /'strʌgl/ (v) = walczyć, starać się  
 LC4.21 shallow /'ʃæləʊ/ (adj) = płytki  
 Opp.: deep  
 LC4.22 nearly /'niəli/ (adv) = almost / prawie, niemal  
 LC4.23 mile /maɪl/ (n) = mila  
 LC4.24 heat /hi:t/ (n) = upał, spiekota  
 LC4.25 awake /ə'weɪk/ (v) = obudzić się  
*e.g. When I awoke, it took me a few minutes to realise that I was no longer dreaming.*  
 Opp.: fall asleep  
 LC4.26 fasten /'fæsən/ (v) = to tie / związać, przymocować do  
 Opp.: unfasten  
 LC4.27 upwards /'ʌpwərdz/ (adv) = w górę  
 Opp.: downwards  
 LC4.28 hurt /hɜ:t/ (v) = ranić, sprawiać ból  
 LC4.29 alive /ə'laɪv/ (adj) = żywy  
 Opp.: dead  
 LC4.30 gently /'dʒentli/ (adv) = łagodnie, delikatnie  
 LC4.31 chest /tʃest/ (n) = klatka piersiowa  
 LC4.32 downwards /'daʊnwərdz/ (adv) = w dół  
 LC4.33 human creature /'hju:mən 'kri:tʃə/ (n) = istota ludzka  
 LC4.34 inch /ɪntʃ/ (n) = cal  
 LC4.35 bow /bəʊ/ (n) = łuk  
 LC4.36 arrow /'ærəʊ/ (n) = strzała  
 LC4.37 tide /taɪd/ (n) = przyphływ  
 LC4.38 lie down /laɪ 'daʊn/ (phr v) = położyć się  
*e.g. If you feel tired, lie down on the sofa and get some sleep.*  
 LC4.39 row /rəʊ/ (v) = wiosłować  
 LC4.40 puzzled /'pʌzəld/ (adj) = zdziwiony, skonsternowany

## SA

## Self-Assessment Module 2

(pp. 50-51)

- SA2.1 beached whale /ˌbitʃt 'weɪl/ (n) = wieloryb wyrzucony na brzeg
- SA2.2 shore /ʃɔː/ (n) = brzeg
- SA2.3 humpback /hʌmpbæk/ (n) = wieloryb faldowiec
- SA2.4 wonderland /wʌndə'lænd/ (n) = bajkowa kraina; tu: bajeczne miejsce
- SA2.5 snowmobiling /snəʊməbɪlɪŋ/ (n) = jazda skuterm śnieżnym
- SA2.6 dogsledding /dɒgzleɪdɪŋ/ (n) = jazda saniami z psim zaprzęgiem
- SA2.7 canoeing /kə'nuːɪŋ/ (n) = kajakarstwo
- SA2.8 valley /væli/ (n) = dolina
- SA2.9 instructor /ɪn'strʌktə/ (n) = trener
- SA2.10 range /reɪndʒ/ (v) = mieć zakres, obejmować  
e.g. Her duties as a secretary range from posting letters to organising conferences.
- SA2.11 log cabin /lɒg 'kæbɪn/ (n) = chata z bali
- SA2.12 factfile /fæktfaɪl/ (n) = tekst stanowiący kompilację faktów odnośnie danego tematu (np. pewnego państwa)

## CCs

## Curricular Cuts 2: Geography

(p. 52)

- CCs.2.1 climate zone /klaɪmət zəʊn/ (n) = strefa klimatyczna
- CCs.2.2 equatorial /ekwə'tɔːriəl/ (adj) = równikowy
- CCs.2.3 the equator /ɪ'kwetə/ (n) = równik
- CCs.2.4 rainfall /reɪnfɔːl/ (n) = poziom opadów  
e.g. The amount of rainfall in the desert is very small, which is why no trees grow there.
- CCs.2.5 tropical /trɒpɪkəl/ (adj) = tropikalny
- CCs.2.6 desert /deɪzət/ (adj) = pustynia
- CCs.2.7 drop /drɒp/ (v) = (o temperaturze) spaść  
e.g. The temperature dropped during the night so we covered ourselves with blankets.
- CCs.2.8 form /fɔːm/ (n) = forma
- CCs.2.9 thunderstorm /θʌndə'stɔːm/ (n) = burza z piorunami  
e.g. We were caught in a thunderstorm and arrived home completely wet.
- CCs.2.10 temperate /tempərt/ (adj) = (o klimacie) umiarkowany
- CCs.2.11 cool /kuːl/ (adj) = chłodny, zimny  
e.g. Please put on a jacket; it is a bit cool tonight.
- CCs.2.12 cloudy /klaʊdi/ (adj) = pochmurny
- CCs.2.13 subarctic /sʌb'ɑːktɪk/ (adj) = subarktyczny
- CCs.2.14 common /kɒmən/ (adj) = częsty, pospolity  
e.g. It is common for children to enjoy eating ice cream.
- CCs.2.15 tundra /tʌndrə/ (adj) = tundra
- CCs.2.16 rise /raɪz/ (v) = (o temperaturze) wzrosnąć  
e.g. The temperature rose so high that we had to install air-conditioning in the office.
- CCs.2.17 bitterly cold = przejmująco zimny
- CCs.2.18 ground /graʊnd/ (n) = grunt, ziemia
- CCs.2.19 remain /rɪ'meɪn/ (v) = pozostać  
e.g. It was so hot that the ice cream remained frozen only for two minutes.
- CCs.2.20 frozen /frəʊzən/ (adj) = zamrożony
- CCs.2.21 map /mæp/ (n) = mapa